



# DEPLOYMENT RESOURCES FOR CHILDREN AND TEENAGERS

When a parent is deployed, families face all kinds of challenges. Our resources provide strategies and support to help ease the way for children, teenagers, and the non-deployed parent. Go to [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com) and click on “deployment” for our entire range of deployment-related materials, including articles, booklets, and CDs.

## DVDs

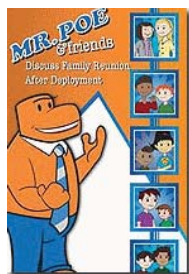
Our DVDs help children of all ages manage the challenges and concerns of deployment, from saying goodbye to saying hello again.



Ages 2 to 5

### **Talk, Listen, Connect: Deployments, Homecomings, Changes**

A 2-DVD Sesame Street kit designed to support families with young children as they manage the feelings and challenges of all phases of deployment. In English and Spanish.



Ages 6 to 10

### **Mr. Poe & Friends Discuss Family Reunion After Deployment**

This DVD, developed by military pediatricians for school-age children, is meant to help them realize that they aren't alone with their deployment concerns.



Ages 11 and up

### **Military Youth Coping with Separation: When Family Members Deploy**

Preteens and teenagers tend to adapt well to family deployments, but they all benefit from support. This DVD, developed by military pediatricians and specialists in adolescent medicine, can help.

**Military OneSource is available 24/7. You name it. We can help.**

**1-800-342-9647 Overseas: xx-800-3429-6477 (find access codes online) [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)**