

*Happy Monday,
Team Dyess!*

Keep up with us @dyessfss
on Facebook & Instagram
and at dyessfss.com



Monday, March 7

Zumba Class

6 PM at the Fitness Center

Tuesday, March 8

Yoga Class

5:15 AM at the Fitness Center



*Wednesday,
March 9*

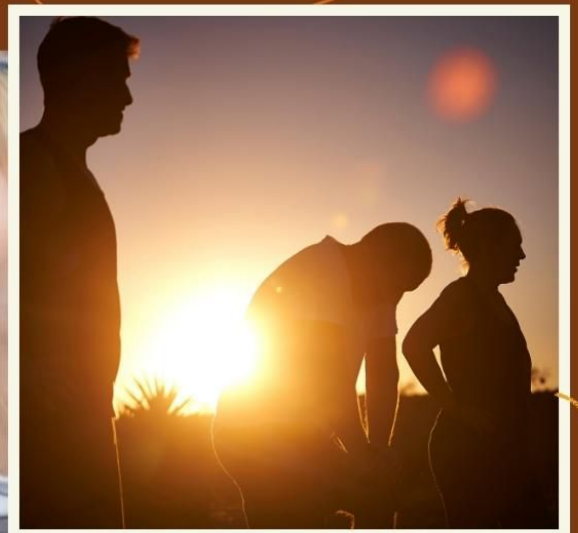
Tahitian Dance Class
6 - 7 PM at the Base Theater



Thursday, March 10

Storytime

9:30 - 10 AM at the Dyess Library



Saturday, March 12

Boot Camp

8 AM at the Fitness Center

Thank you to
our sponsor!

*No federal endorsement
intended.

